

WILLINGNESS AND LENT

Recently, while having coffee with a group of friends, one made the comment that he has been praying for the willingness to be willing. I thought about that statement after finishing coffee, and have been giving it some thought. Just how willing am I to undertake a project, and see it through to its completion? With the Lenten season fast approaching (February 18), now would be a good time to start preparing for the willingness to have a good Lent.

In the book *AS BILL SEES IT*, willingness is described as "The essence of all growth to make a change for the better, and then, the unremitting willingness to shoulder whatever responsibility this entails."

As a Catholic Christian, I have the responsibility of growing in the Faith. Lent is an excellent time to grow. I can make an extra effort to go to the Stations of the Cross, attend mass one extra day a week, say that rosary I often forget, go to confession (I hear that's good for the soul), do some spiritual reading, go to adoration, on and on the list could go. However, the key to a successful lent will be the willingness to carry out the plan, once chosen, until Easter.

Deacon Len